



# University of Lodz

Your partner university!

**Come and join us for staff mobility study in Europe (Poland) with a scholarship from European Union Erasmus+ KA171 Programme**



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Poland



# Introduction

## United in Diversity!

The University of Lodz is recognized as a respectable higher education institution, which centres its attention on intercultural and social integration.

We take immense pride in the fact that there are currently students of 95 nationalities, who chose to study at the University of Lodz. Our core values of respect for cultural and religious identities, as well as social sensitivity, lie in the very foundation of the academic community that was built by the university itself. Being keenly aware of the global issues that need to be underlined, UL strives to educate active global citizens who, above all else, possess the ability of critical thought and are conscious of the complexity and the diversity of perspectives.

If you are considering joining us, you are more than welcome to do so by contacting your International Office and inquiring about all the possibilities of teaching staff exchange. The exchange can take place under the Erasmus+ Credit Mobility Programme for 5 days + 2 days for travel!

### Faculties:

- ❖ Faculty of Biology and Environmental Protection
- ❖ Faculty of Chemistry
- ❖ Faculty of Economics and Sociology
- ❖ Faculty of Philology
- ❖ Faculty of Philosophy and History
- ❖ Faculty of Physics and Applied Informatics
- ❖ Faculty of Mathematics and Computer Science
- ❖ Faculty of Geographical Sciences
- ❖ Faculty of Educational Sciences
- ❖ Faculty of Law and Administration
- ❖ Faculty of International and Political Studies
- ❖ Faculty of Management



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For incoming teachers who are still in doubt you can rest assured that the University of Lodz offers scholarships within Erasmus+ Credit Mobility Programme. The grant of 980 EUR (140 EUR per day) covers 5 days of stay + 2 days for travel. Please bear in mind that the duration of the mobility cannot be shorter than 5 working days.

Travel expenses are covered by the scholarship (the reimbursement of the cost up to the amount specified can be found in the table below):

| <b>TRAVEL DISTANCES</b>   | <b>AMOUNT</b>        |
|---------------------------|----------------------|
| Between 10 and 99 KM:     | 23 EUR per Grantee   |
| Between 100 and 499 KM:   | 180 EUR per Grantee  |
| Between 500 and 1999 KM:  | 275 EUR per Grantee  |
| Between 2000 and 2999 KM: | 360 EUR per Grantee  |
| Between 3000 and 3999 KM: | 530 EUR per Grantee  |
| Between 4000 and 7999 KM: | 820 EUR per Grantee  |
| 8000 KM or more:          | 1500 EUR per Grantee |



To find the shortest route (according to the distance calculator) visit the following website: <https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

To make the exchange work for you, please contact the International Office at your home university that is responsible for managing the teacher's exchange.



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# Details of the required documents:

The first step that one must take in order to participate in the exchange is to submit the following documents to the International Office at your home university (please note that all the documents must be **in English**):

- 1. Application form** (in doc. form – Word) – in order to obtain such document you must visit your International Office.
- 2. Staff Mobility for Teaching Agreement** – similarly to the previous point, you have to visit your International Office to obtain it.
- 3. Curriculum vitae** – a document that should be in your personal possession already.
- 4. Language certificate** – the applicants that do not have any official language certificates such as TOEFL or IELTS can instead present other certificates. We can accept the following documents: university certificate, language school diploma or documents confirming teaching in English.
- 5. Nomination Letter** – this document should come from your home university. It additionally confirms that you are employed there.
- 6. Other documents** – you are more than welcome to attach documents that will confirm your qualifications and teaching achievements (if available).





# The city of Łódź



Łódź is a large city in the center of Poland. Its population is around 700 000 (city itself) – 1 400 000 (metropolitan area). It is the 3rd largest city in Poland. It is located near the crossroads of Poland's two main highways. It has an international airport, and several train stations.



If one were to inquire any Pole about cities of Poland, they would answer with no hesitation that Łódź is a large city that is situated in the very heart of the country. Its population roughly accumulates to 600 000 (if one takes into consideration the city itself). What is more, it is regarded as the 4th largest city in Poland. It is located near the crossroads of Poland's two main highways, has its own international airport and several train stations.

The Łódź region is situated in the central lowlands with a minor hill range. The city is now important for logistics and commerce, as well as the electronic and mechanical industries. Outside the urban areas, there are vast areas of extensive agriculture. Łódź's location is really convenient in relation to Poland's capital, Warsaw. It is only 120 km away, and is connected by both highway and train. Travelling to European countries is also very easy: it takes 4 hours by train or bus to reach Berlin (Germany) from Łódź and about 5-6 hours to reach Prague (Czech Republic).



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One of the attributes that make the city of Łódź so appealing is the fact that it leads a relaxed way of life. Moreover, it is often praised for its lower cost of living. It has a much higher proportion of historic buildings, however that does not in any way precludes a more integrated entertainment cluster.

Łódź is immensely proud of its impressive collection of historic buildings in Piotrkowska Street, which showcase a multitude of styles – dating back to 19th and early 20th century European architectural design. The city is also noted for the remnants of its textile industry past. While industrial buildings have been successfully converted into entertainment and commercial areas, one can still catch glimpse of its antique red bricks that have been the exterior part of the foundation from the very beginning. The city is full of splendid, large and freely accessible parks (gardens) – which make people stay connected to nature.



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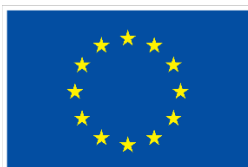
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**[www.uni.lodz.pl/en/aboutus](http://www.uni.lodz.pl/en/aboutus)**

**E-mail: [creditmobility@uni.lodz.pl](mailto:creditmobility@uni.lodz.pl)**

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